



From the Chair...

Kia ora, Talofa lava, Malo e lelei, Fakaalofa atu, Namaste

Kia ora Members,

My apologies for the delay in getting this last CCYN newsletter of the year out to you all but hope that it finds you all well and ready for the festive season with hopefully a bit of a break planned to restore yourselves ready for 2023.

Like 2021, 2022 has been a mixed bag. We have seen some 'normalising' post the pandemic lockdown era. However, challenges remain as we learn to live with the pervasive presence of COVID-19 in our communities. The last six months have been challenging for nursing. Workforce shortages, coupled with the impact of COVID-19, and the seasonal winter stresses on the health system have impacted nurses, as professionals and people. On a more positive note, with borders opening across the globe, long-awaited reunions with loved ones and opportunities to travel overseas have finally occurred.

Sadly, with 2022 now drawing to a close, CCYN prepares to farewell three of our highly valued committee members. Leaving us are Anna Hamed, our previous treasurer and now a new mum to Freddie; Michelle Adams; and Emma Densem, new mother to baby Zoe. On behalf of the remaining committee members, I would like to take the opportunity to thank all three for their considerable contributions to CCYN and for the friendship and support they have shown their fellow committee members during their time with us. We are immensely grateful for their commitment and dedication. On a positive note, the CCYN Committee are delighted to welcome Kathy Rose onto the committee. Kathy brings with her a wealth of paediatric experience in both the paediatric inpatient and primary care settings. We are really looking forward to working with Kathy in 2023.

We hope you enjoy this Summer 2022/23 edition of TimeOut, there are lots of links to click and hopefully some interesting holiday reading!

Ngā mihi o te Kirihimete me te Tau Hau,

Sarah Williams, Chair, College of Child and Youth Nurses, NZNO



National News

Te Whatu Ora Health New Zealand

Issued on 28 October 2022 was the [Tae Pae Tata Interim New Zealand Health Plan 2022](#). Te Pae Tata Interim New Zealand Health Plan 2022 outlines the first steps to becoming a health service delivery system that better serves all New Zealand’s people and communities. This plan covers a period of reset while the foundations of our health system change. As an initial plan, it outlines what we will do differently to establish the basis of a unified, affordable and sustainable health system.

Te Pae Tata replaces 20 different district annual plans. This interim plan is designed to begin transformation while a full-scale New Zealand Health Plan is being formulated.

PROTECT YOUR BREATH

Aotearoa has seen an increase in vaping use by rangatahi in recent years – The percentage of young people vaping daily has more than tripled between 2019 and 2021*. Over the same period daily smoking rates have decreased significantly [ASH Year 10 Survey \(2021\)](#). The *Protect your Breath* campaign has been co-designed with the Hā Collective, a group of young people, schools and experts to explore ways to reduce the harms of youth vaping. To learn more about the initiative visit:

<https://www.protectyourbreath.co.nz/>

And More...



In the recent Child and Youth Wellbeing [December E-newsletter](#) update there was a link provided to the new [Engagement with children and young people: Best practice guidelines](#). These guidelines are designed to support people in the public sector as they seek to hear and empower the views and voices of children and young people. It aims to ensure this is done in a way that works for children and young people, and that their insights and perspectives are genuinely used to influence policy development, programmes, services and organisation. This resource may also be useful for those outside of government, who are seeking to engage with children and young people.



Parliament passed the Accident Compensation (Maternal Birth Injury and Other Matters) [Amendment Bill](#) in October 2022 which expands cover to include specific maternal birth injuries as accidents. From 1 October, wāhine/birthing parents who experience an injury during labour or childbirth are now eligible for support from ACC. Data shows that up to 80 percent of birthing parents will experience an injury during labour or childbirth. While many of these will resolve with low-level support, a portion will require more significant treatment and care.



Even more....

Wellington Region new Child Health Service and Hospital

The 1st of October marked the official opening of Wellington region's new Child Health Service and hospital – Te Wao Nui in the Mark Dunatjschik and Dorothy Spotswood Building. The Public Open Day was held on Saturday 2nd of October. As a tertiary level hospital, Te Wao Nui will be a lifeline for families across the Wellington region. With a large catchment area, the hospital provides high-level health care to families in the wider Wellington, Nelson, Marlborough, Whanganui, Hawkes Bay and Manawatu areas. Critically and chronically sick children are referred from the smaller centres for major operations, specialist consultations and when lifesaving emergency and intensive care treatment is required. As well as inpatient medical and surgical wards, Te Wao Nui includes all outpatient children's clinics and speciality services as well as Allied Health and Child Development Service clinics.



New Children's Emergency Care area Christchurch Hospital

Great news for Christchurch and the Canterbury area! The Children's Emergency Care (CEC) area opened 12th of September 2022 for children requiring emergency care. This new space means that children and their families presenting for emergency and acute care are now treated in an environment designed to meet their needs, separate from adult patients and adult activity in the busy Emergency Department. Children's Acute Assessment is also located there and provides a high-quality assessment service for children and young people referred with acute medical and some surgical conditions. Read more in this pānui <https://bit.ly/3BBYSMg>





General CCYN Committee News

The CCYN committee continues to work hard for its members and had a productive face-to-face meeting and AGM hosted at WITT in New Plymouth in early November. The committee has undergone several changes since our last newsletter. Firstly, we would like to acknowledge and bid a fond farewell to Michelle Adams from the committee. Michelle has given several years of service to the CCYN committee, and we are very grateful for her time and commitment to our work. At the AGM in November, we welcomed Kathy Rose to our committee. Kathy comes from Tamaki Makaurau (Auckland) and works for Te Toka Tumai, Starship Child Health.

We were excited to accept and present CCYN's first honorary membership to Janine Randle at our AGM. Janine was a founding member of the Nurses for Children and Young People Aotearoa NZNO section in 1995 and has been a nurse for nearly 50 years. Janine has worked across numerous roles within the primary and secondary sector and is recognised for how she has always worked in a child- and family-centred way and being generous in sharing her significant knowledge and skills with others. Janine was honoured for being a faithful promoter of the importance of nursing research, recognising its value in improving health outcomes for both tamariki /rangatahi and whānau, as well as promoting the profession and the professional interests of nurses. Janine remains an NZNO workplace delegate, has contributed significantly to the work of NZNO's Canterbury Regional Council, and is a member of the Friends of the Chapel (supporting the maintenance of the Nurses Memorial Chapel Christchurch). Congratulations, Janine, on your career achievements and your honorary award. An overview of the key work that CCYN is currently involved in on behalf of its members includes:

- Ongoing project review of the New Zealand Child Health Nursing Knowledge and Skills Framework.
- National submission responses including:
 - Crimes (Child Exploitation Offences) Amendment Bill
 - Oversight of Oranga Tamariki System and Children and Young People's Commission Bill
 - Proposal to provide ACC cover for birth injuries
 - Proposed changes to the Medicines Regulations 1984 to introduce Vaccinating Health Workers
 - Proposed New Zealand Income Insurance Scheme
 - Proposed changes to the promotion and provision of healthy drinks in schools
 - Working draft of Children's Rights Alliance Report to the UN
- Planning for the bi-annual CCYN symposium scheduled for late 2023 – watch this space!
- Development and maintenance of stakeholder relationships with national child & youth networks
- Consolidating our strategic and workplan goals for 2023-2024
- Planning for the launch of a new Māori name and logo for CCYN in 2023

You can get in touch with any of the committee at any time. Reach us via email: at secretary.ccyn@gmail.com or by following our Facebook page by searching: *College of Child and Youth Nurses NZNO*. You can also keep up to date with our latest news via the [NZNO CCYN](#) website.

Donna Burkett, Committee Member, CCYN





TIME Out



Beyond NZ – Global Bulletin



Global Report, October 2022: Protect the promise: 2022 progress report on the every woman every child global strategy for women's, children's and adolescents' health (2016-2030)

This report provides the most comprehensive, up-to-date synthesis of evidence on this critical topic, documenting severe setbacks caused by the COVID-19 pandemic. Produced through the Every Woman Every Child initiative, the report calls upon the global community to protect the promises made to women, children, and adolescents in the Sustainable Development Goals, to tackle the triple crisis of conflict, climate change and COVID-19 effects, and to invest and commit to restore lost gains for women, children and youth. The report can be found [here](#).



WHO Policy Brief: Nurturing care and men's engagement

This brief, aimed at policymakers and programme designers, explores what to consider when designing or adapting services to engage men in providing nurturing care, and why that is important. To read the brief click [here](#). The nurturing care framework emphasises the importance of men's role as caregivers – alongside mothers, grandparents, and others. Research shows that children benefit from having several nurturing caregivers, regardless of their gender. Research also suggests that men's participation - when it is loving, equitable, and non-violent – can contribute to improved outcomes for women and children, as well as men themselves. For more information on this really interesting initiative visit the [Nurturing Care for Early Childhood Development](#) webpage.



Best of UNICEF Research 2022

The Best of UNICEF Research 2022 showcases 12 powerful studies from around the world grouped according to UNICEF's five strategic priorities, as well as those covering multiple goals. Submitted by UNICEF offices from around the world, Best of UNICEF Research showcases quality research with a high potential for impact to benefit children. These studies focus on reducing inequalities and discrimination, addressing gaps in knowledge, and seeking new perspectives. Many of the studies are innovative in their methods and use of technologies. To download the Best of UNICEF Research report, click [here](#)



Global Nursing News



This month the World Health Organization appointed Dr Amelia Tuipulotu and WHO's new Chief Nursing Officer following the planned departure of Elizabeth Iro from the role. Dr Tuipulotu was formerly the Kingdom of Tonga's Chief Nursing Officer (CNO) between 2014 and 2019, and served as its first female Minister for Health between 2019 and 2021. Since 2019 she has been an Honorary Adjunct Associate Professor at the University of Sydney, Australia, and in 2022 she was appointed as a member of the WHO Executive Board. It is exciting to have a nurse from the Western Pacific Region (WPR) appointed into such an important and influential role.



International Council of Nurses
Consejo Internacional de Enfermeras
Conseil International des Infirmières

European nurses and other health workers have told media reporters from Euronews that "they are still suffering from the chaos of working through the COVID-19". The in-depth story features comments from a number of National Nurses Associations as well and the International Council of Nurses (ICN) and points to the critical need for investment now. They express their profound concerns about the state of our health systems amplified by the COVID Effect, especially around shortages, safety and lack of investment including fair pay. The story concludes that: "The combination of pandemic exhaustion, the rising cost of living and difficult working conditions is pushing healthcare workers to the edge, many of whom feel undervalued and underpaid." See the full story and video [here](#)

Recent research in Aotearoa New Zealand

NZ's largest survey of intermediate age children comes to completion...

The *Growing Up in New Zealand* longitudinal study has just completed the largest survey of twelve-year-olds in Aotearoa New Zealand. Information has been collected about the children's health and wellbeing and about their households, neighbourhoods, education and identity. Read more [here](#)

More mothers intend to vaccinate girls than boys for HPV, and many are undecided...

A research report, published by the Ministry of Social Development in November, shows that mothers are more likely to have decided to have their girls immunised for the Human papilloma virus (HPV) than their boys, and more than 45% percent are undecided about their children having the vaccine at all. This vaccine can protect against various types of cancers in both males and females. Download the full research report [here](#)





Interesting Article Links



Issue 1 of the [GP Practice Review](#) from the team at Research Review is packed full of information. You can access and sign up to these newsletters [here](#). In this first issue, there is an interesting review of a recent diagnosis and management of childhood asthma article published in the BMJ. The review stresses the importance of preventing asthma attacks and the need for post-attack reviews. This review leads to another regarding developing a symptom-based tool for screening children at high risk of preschool asthma, published in JAMA. The authors discuss the use of the CHART tool and determine that it should be 'incorporated as a routine screening tool in primary care settings to trigger timely treatment initiatives and promote active disease monitoring.'



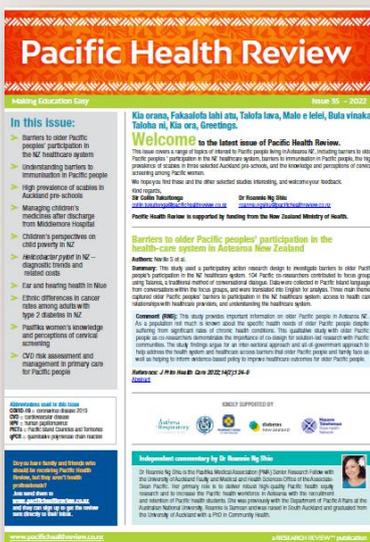
Follow the link below to an excellent article on childhood poisoning from bpac NZ. It highlights common causes of poisoning and treatments for poisoning at home as well as in the clinical environment. It is a handy reference for clinicians who may need to advise whanau about risks in their home. It is also a reminder of the National Poisons Centre phone number: 0800 764 766
<https://bpac.org.nz/2022/hazardous.aspx>



Pacific Health Review issue 35 covers a range of topics of interest to Pacific people living in Aotearoa New Zealand and to those working with them in the health sector. Relating to child health specifically, in this issue, there are links to research articles concerning:

- Understanding barriers to immunisation in Pacific people
- The high prevalence of scabies in Auckland preschools
- Children's perspectives on child poverty in New Zealand
- Parents and caregivers experience in managing children's medicines after discharge
- Hearing and ear health in Niue

To read this issue online and to subscribe for free, click [here](#)





The Paediatric Society of New Zealand
Te Kāhui Mātai Arotamariki o Aotearoa
73rd Annual Scientific Meeting 2022
1 - 4 November 2022 | Devon Hotel | New Plymouth | Taranaki



**She is
not
your
rehab**



The Paediatric Society of New Zealand (PSNZ) Scientific Meeting 2022 – highlights...

The official first day of the PSNZ conference opened with a rousing welcome and waiata ataahua from some rangatahi from the local kura. It was an excellent way to set the scene for what was to be an emotional and confronting conference.

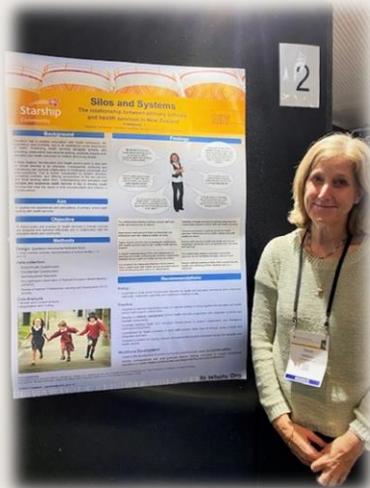
Dr Ruakere Hond delivered the Leo Buchanan Memorial Lecture, the opening presentation. Dr Leo Buchanan was a local Māori paediatrician who significantly impacted tamariki and rangatahi in the Taranaki region. In this korero, Dr Hond discussed the history of the Taranaki region, the occupation of Parihaka, and the effect of colonisation in the local area, alongside Māori language revitalisation. He talked about a woman called Hana. Hana was a local Taranaki woman who was a powerful advocate for tamariki. Hana put together a petition in 1972 for te Reo Māori to be taught in schools and took this to parliament. He encouraged us all to 'be Hana'.

Following this presentation, Dr Ashley Bloomfield joined us via video link to discuss the covid response and its impact on marginalised communities. Dr Bloomfield stated that one of the key points to take away from the pandemic is that the virus found its way quickly into these communities, and we need to learn from this. Other key takeaways from the pandemic that Dr Bloomfield mentioned were that New Zealanders have an enormous capacity for effective collective action; our communities can do great things when we need to. This includes delivering a successful vaccination campaign and developing data and digital environments quickly and effectively. However, the Covid-19 pandemic also highlighted a need to invest upstream in public health and the importance of having the right decision-makers in the right place at the right time.

The most emotional and confronting part of the day came from the final keynote before lunch, Matt Brown. Matt is the brains behind [She is not your Rehab](#). Matt started as a barber in Otautahi and found this mahi provided an opportunity for men to talk about how they were feeling while getting a haircut. Matt built on this and now trains his staff to counsel clients and also hosts several other workshops and events for men. Matt came from a background of abuse and violence, and it was truly humbling to hear his story. He talked about what you do not transform, you transmit, and that pain and shame do not discriminate. He made us think about how we can create safe places for people and that we must regulate our emotions first. It was an emotional, humbling and inspiring korero, and there was barely a dry eye in the whare.

After lunch, I attended another memorable korero, a discussion about vaccines by Māori paediatrician Owen Sinclair. Immunisation rates for Māori children are drastically low. Māori do want to immunise their tamariki, and there is currently no evidence to suggest otherwise. Part of the issue to access that he discussed (and resonated with me as an RN vaccinator) was the red tape RN's have to go through to become authorised vaccinators. Dr Sinclair suggested that this was feeding the problem of Māori children not being vaccinated.

Emma Collins, Secretary, CCYN



PSNZ highlights cont...

My impression of the conference....

The 3-day conference embraced and stressed the importance of Māori culture in providing safe, culturally sensitive equitable care. I too was very moved by Matt Brown and his life story; which I think affected many who attended. Another very important talk was on Te Reo Haapai; learning the power the meaning of a word has on whānau and how a new terminology for autism, Takiwātanga (meaning “my/his/her own time and space”), made a huge difference to one family.

One of the highlights of this conference on day three was hearing our own Sarah Williams present her research poster: *Silos and Systems: The relationship between primary schools and health services in New Zealand*. Sarah conducted a study researching the relationship between primary schools and health services. This qualitative multicase study explored the perceptions of primary school staff regarding their relationship with health services and supports and what influenced this. Three overarching issues were identified and within each of these were a number of specific sub-issues: The separate and siloed functioning of the two sectors, the significant barriers to developing and managing ongoing intersector collaboration, and differing teacher perceptions of their role and responsibility in supporting student health and wellbeing.

The study recommends developing and implementing a national policy enabling these two sectors to work together to achieve optimal education and health outcomes for children and young people in New Zealand.

Awesome poster and talk Sarah!

Yune Fontaine, Treasurer, CCYN

CCYN Scholarship

Twice a year the CCYN offers a scholarship of up to \$500 to help support CCYN members to attend conferences, engage in professional development, and contribute to their knowledge development in regards to child and youth nursing. The next due date for scholarship applications is **March 17th 2023**. There is a simple application form to be completed with some supporting evidence required. Please consider applying for this scholarship. If you are successful, all we ask is that you write a small report for this newsletter about the PD opportunity you engaged with. More details including the application form can be found here on the NZNO Scholarship and Grants page:

https://www.nzno.org.nz/support/scholarships_and_grants





TIME Out



Events and Education...

Paediatric Conferences & Symposiums 2023



Brainwave Online Conference March 15th 2023

Mokopuna Pae Ora: Creating Intergenerational Wellbeing

Focus: The importance of genuine engagement with families in ways that lift and support them. Tickets on sale now. For more information click [here](#)



Progressing Mental Health Care for all Young People 20-22 March 2023
Royal Pines Resort, Gold Coast

The Child & Adolescent Mental Health Conference is designed to provide practical skills, relevant information, personal insight, and strategies for professionals working in child and adolescent mental health and wellbeing. For more information click [here](#)



SNI 2023 CONFERENCE

School Nurses International Conference 2023 hosted by School Nursing International (SNI). Location: Boston, MA., July 16-21, 2023. This year's conference theme is *"Building Bridges across the Globe: School Nurses Reconnecting"* Visit the SNI page [here](#) for more details



The annual conference of the Australian Society of Clinical Immunology and Allergy (ASCIA) is being held in Sydney, Australia from Tuesday 5th to Friday 8th September 2023. Online participation is possible for those unable to attend in person. For further information visit [here](#)



Australian College of Children and Young People's Nurses 2023 conference 13-15 September, Darwin, Northern Territory, Australia.

Theme: *The new age of children and young people's healthcare.* For more information click [here](#)

